

Lemonade Pie

Mrs. Neel Garland

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

Servings: 8

- 1 small carton whipped topping
- 1 can (15 ounce) condensed milk, sweetened
- 2 drops red food coloring
- 1 can (6 ounce) frozen pink lemonade
- 1 nine-inch baked pie crust

In a bowl, mix thoroughly the whipped topping, condensed milk, frozen lemonade and food coloring.

Pour into the pie shell.

Chill in the refrigerator. (Do not freeze.)

Per Serving (excluding unknown items): 153 Calories; 6g Fat (32.9% calories from fat); 3g Protein; 23g Carbohydrate; 0g Dietary Fiber; 13mg Cholesterol; 51mg Sodium. Exchanges: 1 Fat; 1 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	153	Vitamin B6 (mg):	trace
% Calories from Fat:	32.9%	Vitamin B12 (mcg):	.2mcg
% Calories from Carbohydrates:	59.0%	Thiamin B1 (mg):	trace
% Calories from Protein:	8.1%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	6g	Folacin (mcg):	4mcg
Saturated Fat (g):	4g	Niacin (mg):	trace
Monounsaturated Fat (g):	1g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0
Cholesterol (mg):	13mg	% Refuse:	n n%
Carbohydrate (g):	23g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	3g	Lean Meat:	0
Sodium (mg):	51mg	Vegetable:	0
Potassium (mg):	144mg	Fruit:	0
Calcium (mg):	109mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	1

Zinc (mg): trace
Vitamin C (mg): 1mg
Vitamin A (i.u.): 206IU
Vitamin A (r.e.): 46RE

Other Carbohydrates: 1 1/2

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 153 **Calories from Fat:** 50

% Daily Values*

Total Fat 6g	9%
Saturated Fat 4g	21%
Cholesterol 13mg	4%
Sodium 51mg	2%
Total Carbohydrates 23g	8%
Dietary Fiber 0g	0%
Protein 3g	

Vitamin A	4%
Vitamin C	2%
Calcium	11%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.