

Lemon Snack Cake

Paula Macri - Gattuso's Bella Cucina
Scripps Treasure Coast Newspapers

1/2 cup butter, softened
3/4 cup sugar
2 large eggs
2 teaspoons grated lemon peel
1 1/2 teaspoons vanilla extract
2 1/2 cups flour
1 teaspoon baking soda
1/4 teaspoon salt
1 container (8 ounce) lemon yogurt
Cool Whip topping

Preheat the oven to 350 degrees.

In a bowl, cream together the butter and sugar. Add the eggs, one at a time, beating well after each egg. Beat in the lemon peel and vanilla extract.

In a bowl, mix the flour, baking soda and salt. Add to the cream mixture alternately with the lemon yogurt.

Spread the mixture into a 13x9-inch baking dish coated with cooking spray.

Bake for 20 to 25 minutes or until a toothpick inserted into the center comes out clean.

Remove from oven and cool on a wire rack.

Serve with a dollop of Cool Whip. Garnish with a lemon peel, if desired.

Per Serving (excluding unknown items): 2910 Calories; 114g Fat (35.3% calories from fat); 53g Protein; 417g Carbohydrate; 9g Dietary Fiber; 707mg Cholesterol; 2986mg Sodium. Exchanges: 15 1/2 Grain(Starch); 1 1/2 Lean Meat; 0 Fruit; 1 Non-Fat Milk; 21 Fat; 11 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	2910	Vitamin B6 (mg):	.3mg
% Calories from Fat:	35.3%	Vitamin B12 (mcg):	1.4mcg
% Calories from Carbohydrates:	57.4%	Thiamin B1 (mg):	2.5mg

% Calories from Protein: 7.3%
Total Fat (g): 114g
Saturated Fat (g): 67g
Monounsaturated Fat (g): 31g
Polyunsaturated Fat (g): 6g
Cholesterol (mg): 707mg
Carbohydrate (g): 417g
Dietary Fiber (g): 9g
Protein (g): 53g
Sodium (mg): 2986mg
Potassium (mg): 507mg
Calcium (mg): 136mg
Iron (mg): 17mg
Zinc (mg): 3mg
Vitamin C (mg): 5mg
Vitamin A (i.u.): 3958IU
Vitamin A (r.e.): 998 1/2RE

Riboflavin B2 (mg): 2.1mg
Folacin (mcg): 133mcg
Niacin (mg): 19mg
Caffeine (mg): 0mg
Alcohol (kcal): 19
% Refuse: n n%

Food Exchanges

Grain (Starch): 15 1/2
Lean Meat: 1 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 1
Fat: 21
Other Carbohydrates: 11

Nutrition Facts

Amount Per Serving

Calories 2910 **Calories from Fat:** 1028

% Daily Values*

Total Fat	114g	175%
Saturated Fat	67g	334%
Cholesterol	707mg	236%
Sodium	2986mg	124%
Total Carbohydrates	417g	139%
Dietary Fiber	9g	38%
Protein	53g	
Vitamin A		79%
Vitamin C		9%
Calcium		14%
Iron		92%

* Percent Daily Values are based on a 2000 calorie diet.