

Irish Coffee

Publix Liquors

Servings: 1

2 1/2 ounces strong, hot coffee

1 1/2 ounces Irish whiskey

1 teaspoon brown sugar

1 ounce whipping cream, whipped

Pour the coffee, Irish whiskey and brown sugar into an Irish coffee glass or mug. Stir well.

Float the cream on top.

Per Serving (excluding unknown items): 215 Calories; 10g Fat (84.5% calories from fat); 1g Protein; 4g Carbohydrate; 0g Dietary Fiber; 39mg Cholesterol; 12mg Sodium. Exchanges: 0 Non-Fat Milk; 2 Fat; 0 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	215
% Calories from Fat:	84.5%
% Calories from Carbohydrates:	13.5%
% Calories from Protein:	2.1%
Total Fat (g):	10g
Saturated Fat (g):	7g
Monounsaturated Fat (g):	3g
Polyunsaturated Fat (g):	trace
Cholesterol (mg):	39mg
Carbohydrate (g):	4g
Dietary Fiber (g):	0g
Protein (g):	1g
Sodium (mg):	12mg
Potassium (mg):	33mg
Calcium (mg):	21mg
Iron (mg):	trace
Zinc (mg):	trace
Vitamin C (mg):	trace
Vitamin A (i.u.):	417IU
Vitamin A (r.e.):	119 1/2RE

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	.1mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	trace
Folacin (mcg):	1mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	106
% Refused:	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	2
Other Carbohydrates:	0

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 215 **Calories from Fat:** 182

% Daily Values*

Total Fat	10g	16%
Saturated Fat	7g	33%
Cholesterol	39mg	13%
Sodium	12mg	1%
Total Carbohydrates	4g	1%
Dietary Fiber	0g	0%
Protein	1g	
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Vitamin A		8%
Vitamin C		0%
Calcium		2%
Iron		0%

* Percent Daily Values are based on a 2000 calorie diet.