

# Heart Beat

Publix.com/liquors

## Servings: 1

2 ounces vodka or blueberry vodka  
1/2 ounce raspberry liqueur  
1/2 ounce triple sec  
1/2 ounce cranberry juice  
fresh blueberries (for garnish)

Fill a cocktail shaker with ice.

Add the vodka, raspberry liqueur, triple sec and cranberry juice.

Shake well. Strain into a martini glass.

Garnish with blueberries.

Start to Finish Time: 5 minutes

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Per Serving (excluding unknown items): 97 Calories; trace Fat (0.3% calories from fat); 0g Protein; 10g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit.

## Beverages

### Per Serving Nutritional Analysis

Calories (kcal):	97	Vitamin B6 (mg):	trace
% Calories from Fat:	0.3%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	99.7%	Thiamin B1 (mg):	trace
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folic acid (mcg):	trace
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	89
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	10g	<b>Food Exchanges</b>	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	0g	Lean Meat:	0
Sodium (mg):	1mg	Vegetable:	0
Potassium (mg):	3mg	Fruit:	0
Calcium (mg):	trace	Non-Fat Milk:	0

Iron (mg): trace  
Zinc (mg): trace  
Vitamin C (mg): 5mg  
Vitamin A (i.u.): 1IU  
Vitamin A (r.e.): 0RE

Fat: 0  
Other Carbohydrates: 0

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## Nutrition Facts

Servings per Recipe: 1

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### Amount Per Serving

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**Calories** 97 Calories from Fat: 0

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**% Daily Values\***

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<b>Total Fat</b>	trace	0%
Saturated Fat	trace	0%
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	1mg	0%
<b>Total Carbohydrates</b>	10g	3%
Dietary Fiber	trace	0%
<b>Protein</b>	0g	

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<b>Vitamin A</b>	0%
<b>Vitamin C</b>	8%
<b>Calcium</b>	0%
<b>Iron</b>	0%

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\* Percent Daily Values are based on a 2000 calorie diet.