

# Grasshopper Pie II

Mrs. D. H. Garland - Houston, TX  
River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

## Servings: 8

14 chocolate Oreo cookies  
2 tablespoons margarine, melted  
24 marshmallows  
1/2 cup milk  
dash salt  
4 tablespoons green creme de menthe  
2 tablespoons white creme de cocoa  
1/2 pint whipping cream, whipped  
grated bitter chocolate

Crush the cookies. Mix with the melted margarine. Press into an eight-inch pie plate.

In a heavy pot, melt the marshmallows over very low heat. Add the salt. Remove from the heat and let cool.

Stir in the creme de menthe and creme de cocoa. Fold in the whipped cream. Pour into the prepared pie shell. Sprinkle the bitter chocolate on the top.

Place the pie in the freezer.

When ready to serve, serve the pie frozen. (This pie will keep frozen for a long time.)

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Per Serving (excluding unknown items): 206 Calories; 14g Fat (61.1% calories from fat); 2g Protein; 19g Carbohydrate; 0g Dietary Fiber; 43mg Cholesterol; 62mg Sodium. Exchanges: 0 Non-Fat Milk; 3 Fat; 1 Other Carbohydrates.

Desserts

## Per Serving Nutritional Analysis

Calories (kcal):	206	Vitamin B6 (mg):	trace
% Calories from Fat:	61.1%	Vitamin B12 (mcg):	.1mcg
% Calories from Carbohydrates:	36.1%	Thiamin B1 (mg):	trace
% Calories from Protein:	2.8%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	14g	Folacin (mcg):	2mcg
Saturated Fat (g):	8g	Niacin (mg):	trace
Monounsaturated Fat (g):	5g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	1g	Alcohol (kcal):	0

<b>Cholesterol (mg):</b>	43mg
<b>Carbohydrate (g):</b>	19g
<b>Dietary Fiber (g):</b>	0g
<b>Protein (g):</b>	2g
<b>Sodium (mg):</b>	62mg
<b>Potassium (mg):</b>	48mg
<b>Calcium (mg):</b>	42mg
<b>Iron (mg):</b>	trace
<b>Zinc (mg):</b>	trace
<b>Vitamin C (mg):</b>	trace
<b>Vitamin A (i.u.):</b>	583IU
<b>Vitamin A (r.e.):</b>	159 1/2RE

**% Refuse:** 0.0%

### Food Exchanges

<b>Grain (Starch):</b>	0
<b>Lean Meat:</b>	0
<b>Vegetable:</b>	0
<b>Fruit:</b>	0
<b>Non-Fat Milk:</b>	0
<b>Fat:</b>	3
<b>Other Carbohydrates:</b>	1

### Nutrition Facts

Servings per Recipe: 8

#### Amount Per Serving

**Calories** 206 **Calories from Fat:** 126

#### % Daily Values\*

<b>Total Fat</b> 14g	22%
Saturated Fat 8g	38%
<b>Cholesterol</b> 43mg	14%
<b>Sodium</b> 62mg	3%
<b>Total Carbohydrates</b> 19g	6%
Dietary Fiber 0g	0%
<b>Protein</b> 2g	
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<b>Vitamin A</b>	12%
<b>Vitamin C</b>	1%
<b>Calcium</b>	4%
<b>Iron</b>	0%

\* Percent Daily Values are based on a 2000 calorie diet.