

Dessert

Gina Thompson's Pineapple Pie

Grammy Guru - Arlene Borg
Hometown News

Servings: 8

- 1 9-inch graham cracker pie shell**
- 1 (5 serving size) pkg vanilla instant pudding**
- 1 container (16 oz) sour cream**
- 1 can (20 oz) crushed pineapple in its own juice**

Preheat oven to 350 degrees.

Place the pie crust in the oven. Bake for 10 minutes to produce a crisper, more flavorful crust. Remove from oven and cool.

While the shell is baking, blend the sour cream with the pudding powder (ignore the package directions).

Add the pineapple and juice. Blend well.

Pour the mixture into the cooled pie shell and chill.

Serve with whipped topping or canned whip cream (regular, low-fat or fat-free).

Per Serving (excluding unknown items): 62 Calories; 6g Fat (86.4% calories from fat); 1g Protein; 1g Carbohydrate; 0g Dietary Fiber; 13mg Cholesterol; 15mg Sodium. Exchanges: 0 Non-Fat Milk; 1 Fat.