

Appetizers

Feta and Walnut Cheese Spread

Kraft Foods Global, Inc.

www.creamcheese.com

Start to Finish Time: 15 minutes

2 packages (8 oz each) Philadelphia fat-free cream cheese, softened

2 packages (5 oz each) Athenos crumbled reduced-fat feta cheese

1/4 cup green onions, sliced

1/4 cup red pepper, finely chopped

1/4 cup Planters walnut pieces, finely chopped

In a bowl, beat the cream cheese and feta cheese with an electric mixer on MEDIUM speed until well blended.

Add the green onions, red pepper and walnut pieces. Mix well. Cover.

Refrigerate several hours or until chilled.

Yield: 3 1/2 cups

Per Serving (excluding unknown items): 18 Calories; trace Fat (4.4% calories from fat); 1g Protein; 4g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 5mg Sodium. Exchanges: 1/2 Vegetable.