

**Chicken, Mexican**

---

# Easy Tamale Casserole

Publix Aprons Simple Meals

Publix Super Markets, Inc.

**Preparation Time: 15 minutes**

**Bake Time: 40 minutes**

**1 Deli rotisserie chicken, shredded**

**1/2 cup cilantro, coarsely chopped**

**1 container (16 ounce) Deli mild peach mango salsa**

**1/2 cup water**

**2 cups self-rising corn meal**

**2 cups Mexican-blend cheese, shredded**

**2/3 cup frozen green peas**

**1/2 cup sliced green olives, drained**

**aluminum foil**

Preheat the oven to 375 degrees.

In a bowl, combine the chicken, cilantro, salsa, water, corn meal, cheese, peas and olives.

Place the mixture in a 13x9-inch baking dish and cover with aluminum foil.

Bake for 35 to 40 minutes or until the center is firm.

Remove the foil. Bake for 5 to 6 more minutes or until golden.

Serve.

---

Per Serving (excluding unknown items): 113 Calories; 1g Fat (7.2% calories from fat); 8g Protein; 20g Carbohydrate; 6g Dietary Fiber; 0mg Cholesterol; 140mg Sodium. Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat.