

Misc.

Crunchy Banana Splits

Servings: 10

Preparation Time: 30 minutes

2 1/2 cups crushed cornflakes

5 teaspoons butter or margarine, melted

4 teaspoons finely chopped pecans

5 cups vanilla ice cream

5 medium ripe bananas, quartered

5 cups chocolate syrup

whipped topping

maraschino cherries

In a bowl, combine the cornflakes, butter and pecans.

Drop ice cream by 1/2 cupfuls into cornflake mixture and roll into a ball.

Place two banana quarters in each desert dish.

Top with an ice cream ball, chocolate syrup, whipped topping and a cherry.

Per Serving (excluding unknown items): 460 Calories; 9g Fat (15.1% calories from fat); 5g Protein; 104g Carbohydrate; 3g Dietary Fiber; 29mg Cholesterol; 131mg Sodium. Exchanges: 1 1/2 Fat; 7 Other Carbohydrates.