

Crockpot Ranch Chicken and Mushrooms

Gwen
www.SlowCookerKitchen.com

2 pounds chicken breasts, cut into bite-size pieces
1 can mushrooms
1 cup chicken broth
4 tablespoons butter (optional)
2 packets ranch seasoning
3 tablespoons cornstarch
1/4 cup COLD water
1 onion (optional)
1 zucchini (optional)
1 squash (optional)

Spray the crockpot insert with nonstick cooking spray.

Dice the chicken and slice the onions. If using, dice the zucchini and squash.

Place the vegetables and chicken in the slow cooker.

Pour the broth over the top. Sprinkle on the ranch seasoning.

Cover and cook on LOW for four to six hours (the time varies depending on the size of the chicken chunks and cooking temperature of the crockpot).

(THIRTY TO FORTY-FIVE MINUTES BEFORE SERVING): In a bowl, mix the cornstarch and water. Slowly pour over the crockpot while stirring. Cover and cook on HIGH until thick and bubbly, about 30 to 45 minutes.

Serve over rice or pasta.

Per Serving (excluding unknown items): 1384 Calories; 69g Fat (46.1% calories from fat); 157g Protein; 24g Carbohydrate; trace Dietary Fiber; 465mg Cholesterol; 1225mg Sodium. Exchanges: 1 1/2 Grain(Starch); 22 1/2 Lean Meat; 0 Vegetable.