

Dessert

Creamy Dreamy Shake

www.peanutbutter.com

Servings: 2

Start to Finish Time: 10 minutes

2 cups Breyer's All Natural Chocolate or Vanilla Ice Cream

1/4 cup Skippy's creamy peanut butter

1/3 cup milk

In a blender, place the ice cream, peanut butter and milk.

Process until smooth.

Serve immediately.

Serving Ideas: Use more milk for a thinner consistency.

Per Serving (excluding unknown items): 25 Calories; 1g Fat (48.6% calories from fat); 1g Protein; 2g Carbohydrate; 0g Dietary Fiber; 5mg Cholesterol; 20mg Sodium. Exchanges: 0 Non-Fat Milk; 0 Fat.