

Creamy Deviled Eggs

Philadelphia Cream Cheese Favorite Recipes (1988)
1988 Kraft Inc.

Yield: 16 egg halves

8 hard-cooked eggs
1 container (8 ounce) cream cheese
2 tablespoons sweet pickle relish
1/2 teaspoon dry mustard
1/4 teaspoon salt
dash pepper

Cut the eggs in half. Remove the yolks to a bowl. Mash.

Blend in the cream cheese, relish, mustard, salt and pepper. Mix until well blended.

Refill the whites.

Per Serving (excluding unknown items): 1473 Calories; 124g Fat (75.6% calories from fat); 68g Protein; 21g Carbohydrate; 1g Dietary Fiber; 1951mg Cholesterol; 1962mg Sodium. Exchanges: 0 Grain(Starch); 10 Lean Meat; 19 Fat; 1/2 Other Carbohydrates.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	1473	Vitamin B6 (mg):	.6mg
% Calories from Fat:	75.6%	Vitamin B12 (mcg):	5.4mcg
% Calories from Carbohydrates:	5.8%	Thiamin B1 (mg):	.3mg
% Calories from Protein:	18.5%	Riboflavin B2 (mg):	2.5mg
Total Fat (g):	124g	Folacin (mcg):	207mcg
Saturated Fat (g):	64g	Niacin (mg):	1mg
Monounsaturated Fat (g):	39g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	9g	Alcohol (kcal):	0
Cholesterol (mg):	1951mg	% Refused:	n n%
Carbohydrate (g):	21g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0
Protein (g):	68g	Lean Meat:	10
Sodium (mg):	1962mg	Vegetable:	0
Potassium (mg):	796mg	Fruit:	0
Calcium (mg):	392mg	Non-Fat Milk:	0
Iron (mg):	8mg	Fat:	19

Zinc (mg): 5mg
Vitamin C (mg): trace
Vitamin A (i.u.): 5601IU
Vitamin A (r.e.): 1674 1/2RE

Other Carbohydrates: 1/2

Nutrition Facts

Amount Per Serving

Calories 1473 Calories from Fat: 1114

% Daily Values*

Total Fat	124g	190%
Saturated Fat	64g	320%
Cholesterol	1951mg	650%
Sodium	1962mg	82%
Total Carbohydrates	21g	7%
Dietary Fiber	1g	3%
Protein	68g	

Vitamin A	112%
Vitamin C	1%
Calcium	39%
Iron	44%

* Percent Daily Values are based on a 2000 calorie diet.