

Creamy Chocolate Pie

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Dash Magazine - March 2013

1 package (8 ounce) cream cheese, softened
1/3 cup sugar
1 tub frozen chocolate whipped topping, thawed
1 chocolate graham cracker pie crust
chocolate sprinkles (for garnish)

In a medium mixing bowl, beat the cream cheese and sugar.

When well blended, stir in the chocolate whipped topping.

Spoon the mixture into the pie crust.

Top with the chocolate sprinkles.

Cover and refrigerate for at least three hours or overnight before serving.

Per Serving (excluding unknown items): 1042 Calories; 81g Fat (68.5% calories from fat); 18g Protein; 66g Carbohydrate; 0g Dietary Fiber; 255mg Cholesterol; 686mg Sodium. Exchanges: 2 1/2 Lean Meat; 15 Fat; 4 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	1042
% Calories from Fat:	68.5%
% Calories from Carbohydrates:	24.9%
% Calories from Protein:	6.6%
Total Fat (g):	81g
Saturated Fat (g):	51g
Monounsaturated Fat (g):	23g
Polyunsaturated Fat (g):	3g
Cholesterol (mg):	255mg
Carbohydrate (g):	66g
Dietary Fiber (g):	0g

Vitamin B6 (mg):	.1mg
Vitamin B12 (mcg):	1.0mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	.5mg
Folacin (mcg):	31mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Refuse:	n n%

Food Exchanges

Grain (Starch):	0
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Protein (g): 18g
Sodium (mg): 686mg
Potassium (mg): 278mg
Calcium (mg): 186mg
Iron (mg): 3mg
Zinc (mg): 1mg
Vitamin C (mg): 0mg
Vitamin A (i.u.): 3311IU
Vitamin A (r.e.): 997 1/2RE

Lean Meat: 2 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 15
Other Carbohydrates: 4

Nutrition Facts

Amount Per Serving

Calories 1042 **Calories from Fat:** 714

% Daily Values*

Total Fat 81g	124%
Saturated Fat 51g	255%
Cholesterol 255mg	85%
Sodium 686mg	29%
Total Carbohydrates 66g	22%
Dietary Fiber 0g	0%
Protein 18g	
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Vitamin A	66%
Vitamin C	0%
Calcium	19%
Iron	16%

* Percent Daily Values are based on a 2000 calorie diet.