

Cranberry-Gin Fizz

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Servings: 1

3 tablespoons gin

1 tablespoon Cranberry Reduction

(see recipe under Beverages/Alcoholic)

1 1/2 teaspoons fresh lime juice

lemon-lime soft drink

In a cocktail shaker filled with ice cubes, combine the gin, cranberry reduction and lime juice.

Cover with a lid and shake vigorously until thoroughly chilled (about 30 seconds).

Strain into a 10-ounce glass filled with ice cubes.

Top with lemon-lime soft drink.

Per Serving (excluding unknown items): 112 Calories; trace Fat (2.3% calories from fat); trace Protein; 1g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	112	Vitamin B6 (mg):	trace
% Calories from Fat:	2.3%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	93.2%	Thiamin B1 (mg):	trace
% Calories from Protein:	4.5%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	1mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	110
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	1g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	1mg	Vegetable:	0
Potassium (mg):	8mg	Fruit:	0

Calcium (mg): 1mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 2mg
Vitamin A (i.u.): 1IU
Vitamin A (r.e.): 0RE

Non-Fat Milk: 0
Fat: 0
Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 112 Calories from Fat: 3

% Daily Values*

Total Fat	trace	0%
Saturated Fat	trace	0%
Cholesterol	0mg	0%
Sodium	1mg	0%
Total Carbohydrates	1g	0%
Dietary Fiber	trace	0%
Protein	trace	

Vitamin A	0%
Vitamin C	4%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.