

Cran-Bourbon-and-Orange Cocktail

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Servings: 1

3 tablespoons bourbon
 1 tablespoon Cranberry Reduction
 (see recipe under Beverages/Alcoholic)
 1 tablespoon fresh orange juice
 club soda
 fresh rosemary (for garnish)

In a 10-ounce glass filled with ice cubes, stir together the bourbon, cranberry reduction, and orange juice.

Top with club soda.

Garnish with fresh rosemary.

Per Serving (excluding unknown items): 111 Calories; trace Fat (3.8% calories from fat); trace Protein; 2g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Fruit.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	111	Vitamin B6 (mg):	trace
% Calories from Fat:	3.8%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	90.3%	Thiamin B1 (mg):	trace
% Calories from Protein:	5.9%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	9mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	104
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	2g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	1mg	Vegetable:	0
Potassium (mg):	32mg	Fruit:	0
Calcium (mg):	2mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0
Zinc (mg):	trace	Other Carbohydrates:	0

Vitamin C (mg): 8mg
Vitamin A (i.u.): 31IU
Vitamin A (r.e.): 3RE

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 111 **Calories from Fat:** 4

% Daily Values*

Total Fat	trace	0%
Saturated Fat	trace	0%
Cholesterol	0mg	0%
Sodium	1mg	0%
Total Carbohydrates	2g	1%
Dietary Fiber	trace	0%
Protein	trace	
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Vitamin A		1%
Vitamin C		13%
Calcium		0%
Iron		0%

** Percent Daily Values are based on a 2000 calorie diet.*