

Chocolate Whiskey Balls

Mrs. Billy Ezell - Lake Charles, LA
River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

Yield: 12 dozen balls

CANDY

1/2 cup margarine, room temperature

2 boxes (16 ounce ea) confectioner's sugar

1 can (15 ounce) sweetened condensed milk

2 tablespoons whiskey

4 cups chopped pecans

DIPPING CHOCOLATE

12 ounces chocolate chips

3/4 block paraffin wax

In a bowl, mix the margarine, confectioner's sugar, condensed milk, whiskey and pecans together.

Shape into one-inch balls.

Place in a single layer on waxed paper. Let dry for several hours or overnight.

Make the dipping mixture: In the top of a double-boiler, melt the chocolate chips and paraffin.

Drop one ball at a time into the chocolate mixture. Retrieve with a fork and shake off any excess chocolate. Place on waxed paper.

Let cool and harden. Store in tin in a cool place.

Per Serving (excluding unknown items): 7589 Calories; 541g Fat (60.8% calories from fat); 76g Protein; 709g Carbohydrate; 56g Dietary Fiber; 104mg Cholesterol; 1500mg Sodium. Exchanges: 5 1/2 Grain(Starch); 2 1/2 Lean Meat; 106 1/2 Fat; 41 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	7589	Vitamin B6 (mg):	1.2mg
% Calories from Fat:	60.8%	Vitamin B12 (mcg):	1.5mcg
% Calories from Carbohydrates:	35.4%	Thiamin B1 (mg):	4.5mg
% Calories from Protein:	3.8%	Riboflavin B2 (mg):	2.2mg
Total Fat (g):	541g	Folacin (mcg):	232mcg
Saturated Fat (g):	118g	Niacin (mg):	6mg
Monounsaturated Fat (g):	286g	Caffeine (mg):	211mg

Polyunsaturated Fat (g): 111g
Cholesterol (mg): 104mg
Carbohydrate (g): 709g
Dietary Fiber (g): 56g
Protein (g): 76g
Sodium (mg): 1500mg
Potassium (mg): 4298mg
Calcium (mg): 1184mg
Iron (mg): 22mg
Zinc (mg): 34mg
Vitamin C (mg): 18mg
Vitamin A (i.u.): 5720IU
Vitamin A (r.e.): 1274 1/2RE

Alcohol (kcal): 64
% Refuse: n n%

Food Exchanges

Grain (Starch): 5 1/2
Lean Meat: 2 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 106 1/2
Other Carbohydrates: 41 1/2

Nutrition Facts

Amount Per Serving

Calories 7589 **Calories from Fat:** 4613

% Daily Values*

Total Fat 541g	832%
Saturated Fat 118g	590%
Cholesterol 104mg	35%
Sodium 1500mg	62%
Total Carbohydrates 709g	236%
Dietary Fiber 56g	225%
Protein 76g	
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Vitamin A	114%
Vitamin C	29%
Calcium	118%
Iron	119%

* Percent Daily Values are based on a 2000 calorie diet.