

Chocolate Liqueur Cheesecakes (Mini)

The Essential Appetizers Cookbook (1999)
Whitecap Books

Yield: 48 mini cheesecakes

8 ounces sweet biscuits, finely crushed
4 ounces butter, melted
3 teaspoons gelatin
1/4 cup boiling water
8 ounces cream cheese, softened
1/3 cup superfine sugar
5 ounces chocolate, melted
2 teaspoons orange rind, grated
3 tablespoons Tia Maria liqueur
10 ounces cream
chocolate curls (for garnish)

Grease four twelve-hole muffin tins. Place a thin strip of baking paper in the bottoms and extending up the sides.

In a bowl, place the crushed biscuits and melted butter. Stir together. Press one heaped teaspoon into each of the muffin cups. Refrigerate.

In a bowl, dissolve the gelatin in boiling water.

In a bowl, beat the cream cheese with the superfine sugar. Add the melted chocolate, orange rind and Tia Maria. Stir in the gelatin. Spoon into the muffin cups. Refrigerate for two hours or until firm.

Whip the cream. Spoon over the cheese cakes. Garnish with chocolate curls.

Per Serving (excluding unknown items): 3025 Calories; 290g Fat (82.9% calories from fat); 31g Protein; 104g Carbohydrate; 8g Dietary Fiber; 745mg Cholesterol; 1743mg Sodium. Exchanges: 2 1/2 Lean Meat; 0 Fruit; 56 1/2 Fat; 6 Other Carbohydrates.

Appetizers, Desserts

Per Serving Nutritional Analysis

Calories (kcal):	3025	Vitamin B6 (mg):	.2mg
% Calories from Fat:	82.9%	Vitamin B12 (mcg):	1.7mcg
% Calories from Carbohydrates:	13.2%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	3.9%	Riboflavin B2 (mg):	1.1mg
Total Fat (g):	290g	Folacin (mcg):	45mcg

Saturated Fat (g): 180g
Monounsaturated Fat (g): 85g
Polyunsaturated Fat (g): 10g
Cholesterol (mg): 745mg
Carbohydrate (g): 104g
Dietary Fiber (g): 8g
Protein (g): 31g
Sodium (mg): 1743mg
Potassium (mg): 1045mg
Calcium (mg): 506mg
Iron (mg): 7mg
Zinc (mg): 4mg
Vitamin C (mg): 7mg
Vitamin A (i.u.): 9420IU
Vitamin A (r.e.): 2496RE

Niacin (mg): 1mg
Caffeine (mg): 94mg
Alcohol (kcal): 0
% Refused: n n%

Food Exchanges

Grain (Starch): 0
Lean Meat: 2 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 56 1/2
Other Carbohydrates: 6

Nutrition Facts

Amount Per Serving

Calories 3025 **Calories from Fat:** 2509

% Daily Values*

Total Fat	290g	447%
Saturated Fat	180g	898%
Cholesterol	745mg	248%
Sodium	1743mg	73%
Total Carbohydrates	104g	35%
Dietary Fiber	8g	32%
Protein	31g	
Vitamin A		188%
Vitamin C		12%
Calcium		51%
Iron		39%

* Percent Daily Values are based on a 2000 calorie diet.