

Chicken

Chicken Salad Bake

Taste of Home One -Dish Meals

Servings: 6

4 cups cooked chicken breast, cubed
2 celery ribs, thinly sliced
1 small green or red sweet pepper, chopped
1/2 cup sliced water chestnuts, halved
1/2 cup fresh mushrooms, sliced
1/4 cup onion, finely chopped
1 cup Miracle Whip light
1/2 teaspoon garlic powder
1/2 teaspoon pepper
1 cup soft bread crumbs
1 tablespoon butter, melted
1/4 cup cheddar cheese, shredded

Preheat oven to 350 degrees.

In a large bowl, combine the chicken, celery, pepper, water chestnuts, mushrooms and onion. Combine Miracle Whip, garlic powder and pepper; stir into chicken mixture.

Place mixture into a 8-inch baking dish coated with cooking spray.

Bake, uncovered, for 20 minutes.

Toss bread crumbs with butter; sprinkle over chicken mixture. Top with cheese. Bake 7-10 minutes longer or until heated through and top is lightly browned.

Per Serving (excluding unknown items): 63 Calories; 4g Fat (53.2% calories from fat); 2g Protein; 5g Carbohydrate; 1g Dietary Fiber; 10mg Cholesterol; 101mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1/2 Fat.