

Caramel Crunch Apple Pie

Sue Robinson

Beyond The Village Gate 1985 - Parmadale Community - Parma, Ohio

1 nine-inch unbaked pastry shell
28 caramels
2 tablespoons water
6 cups tart apples, peeled, cored and sliced
3/4 cup all-purpose flour
1/3 cup sugar
1/2 teaspoon cinnamon
1/3 cup butter or margarine
1/2 cup chopped walnuts

Preheat the oven to 375 degrees.

In a saucepan over low heat, melt the caramels with water, stirring occasionally, until melted and smooth.

Layer the apples and caramels, alternately, in the pastry shell.

In a small bowl, combine the flour, sugar and cinnamon. Cut in the butter until the consistency of coarse crumbs. Stir in the nuts. Sprinkle the mixture over the apples.

Bake for 40 to 45 minutes.

Per Serving (excluding unknown items): 1814 Calories; 98g Fat (46.8% calories from fat); 28g Protein; 222g Carbohydrate; 19g Dietary Fiber; 164mg Cholesterol; 636mg Sodium. Exchanges: 5 Grain(Starch); 2 Lean Meat; 4 1/2 Fruit; 18 Fat; 4 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	1814	Vitamin B6 (mg):	.9mg
% Calories from Fat:	46.8%	Vitamin B12 (mcg):	.1mcg
% Calories from Carbohydrates:	47.3%	Thiamin B1 (mg):	1.1mg
% Calories from Protein:	5.9%	Riboflavin B2 (mg):	.6mg
Total Fat (g):	98g	Folacin (mcg):	194mcg
Saturated Fat (g):	41g	Niacin (mg):	7mg
Monounsaturated Fat (g):	26g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	27g	Alcohol (kcal):	0
Cholesterol (mg):	164mg	% Refuse:	0 0%

Carbohydrate (g): 222g
 Dietary Fiber (g): 19g
 Protein (g): 28g
 Sodium (mg): 636mg
 Potassium (mg): 1249mg
 Calcium (mg): 110mg
 Iron (mg): 7mg
 Zinc (mg): 3mg
 Vitamin C (mg): 29mg
 Vitamin A (i.u.): 2828IU
 Vitamin A (r.e.): 618 1/2RE

Food Exchanges

Grain (Starch): 5
 Lean Meat: 2
 Vegetable: 0
 Fruit: 4 1/2
 Non-Fat Milk: 0
 Fat: 18
 Other Carbohydrates: 4 1/2

Nutrition Facts

Amount Per Serving

Calories 1814 **Calories from Fat:** 849

% Daily Values*

Total Fat 98g	150%
Saturated Fat 41g	203%
Cholesterol 164mg	55%
Sodium 636mg	26%
Total Carbohydrates 222g	74%
Dietary Fiber 19g	75%
Protein 28g	
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Vitamin A	57%
Vitamin C	48%
Calcium	11%
Iron	42%

* Percent Daily Values are based on a 2000 calorie diet.