

# Butter Pecan Cake

Sara F Patterson, Nancy F Holley & Cleo F Long  
*Three Sisters Cookbook - Alexander City, AL*

1 box butter pecan cake mix  
 1 cup toasted pecans, chopped  
**FROSTING**  
 1/3 cup shortening  
 1/3 cup margarine  
 1 teaspoon vanilla  
 16 ounces confectioner's sugar, sifted  
 2 tablespoons milk  
 1 cup toasted pecans

Prepare the cake according to directions on the box with the pecans added. Pour the mixture evenly into three layer pans.

Make the frosting: In a bowl, cream together the shortening and margarine.

Add the vanilla, confectioner's sugar and milk. Beat until very creamy. Add the pecans.

*(This is a butter-cream frosting and will frost a 13x9-inch sheetcake or a two-layer cake. Increase the recipe to one-and-one-half times for a three-layer cake.)*

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Per Serving (excluding unknown items): 2930 Calories; 129g Fat (38.9% calories from fat); 2g Protein; 455g Carbohydrate; 0g Dietary Fiber; 4mg Cholesterol; 723mg Sodium. Exchanges: 0 Non-Fat Milk; 25 1/2 Fat; 30 1/2 Other Carbohydrates.

Desserts

## Per Serving Nutritional Analysis

<b>Calories (kcal):</b>	2930	<b>Vitamin B6 (mg):</b>	trace
<b>% Calories from Fat:</b>	38.9%	<b>Vitamin B12 (mcg):</b>	.2mcg
<b>% Calories from Carbohydrates:</b>	60.9%	<b>Thiamin B1 (mg):</b>	trace
<b>% Calories from Protein:</b>	0.2%	<b>Riboflavin B2 (mg):</b>	.1mg
<b>Total Fat (g):</b>	129g	<b>Folacin (mcg):</b>	2mcg
<b>Saturated Fat (g):</b>	28g	<b>Niacin (mg):</b>	trace
<b>Monounsaturated Fat (g):</b>	59g	<b>Caffeine (mg):</b>	0mg
<b>Polyunsaturated Fat (g):</b>	36g	<b>Alcohol (kcal):</b>	13
<b>Cholesterol (mg):</b>	4mg	<b>% Refuse:</b>	n n%
<b>Carbohydrate (g):</b>	455g	<b>Food Exchanges</b>	
<b>Dietary Fiber (g):</b>	0g	<b>Grain (Starch):</b>	0
<b>Protein (g):</b>	2g	<b>Lean Meat:</b>	0
<b>Sodium (mg):</b>	723mg	<b>Vegetable:</b>	0
<b>Potassium (mg):</b>	87mg	<b>Fruit:</b>	0

**Calcium (mg):** 63mg  
**Iron (mg):** trace  
**Zinc (mg):** trace  
**Vitamin C (mg):** trace  
**Vitamin A (i.u.):** 2702IU  
**Vitamin A (r.e.):** 607 1/2RE

**Non-Fat Milk:** 0  
**Fat:** 25 1/2  
**Other Carbohydrates:** 30 1/2

## Nutrition Facts

### Amount Per Serving

**Calories** 2930                      **Calories from Fat:** 1140

### % Daily Values\*

<b>Total Fat</b>	129g	199%
Saturated Fat	28g	140%
<b>Cholesterol</b>	4mg	1%
<b>Sodium</b>	723mg	30%
<b>Total Carbohydrates</b>	455g	152%
Dietary Fiber	0g	0%

**Protein** 2g

<b>Vitamin A</b>	54%
<b>Vitamin C</b>	1%
<b>Calcium</b>	6%
<b>Iron</b>	2%

\* Percent Daily Values are based on a 2000 calorie diet.