

Appetizer

Bruschetta by Ritz

Kraft Foods

Preparation Time: 10 minutes

Start to Finish Time: 20 minutes

Bake Time: 10 minutes

1 cup plum tomatoes, chopped

1/2 cup 2% reduced fat mozzarella cheese, shredded

1/4 cup green onions, chopped

1 tablespoon light Italian dressing

2 tablespoons Parmesan cheese, shredded

36 reduced fat crackers

Preheat oven to 400 degrees.

Mix tomatoes, cheese, onions and dressing. Spoon two teaspoons of the tomato mixture onto each cracker; sprinkle with cheese.

Place crackers on a baking sheet. Bake 8 to 10 minutes or until cheese is melted.

Serving Ideas: Serve warm.

Yield: 36 crackers

Per Serving (excluding unknown items): 92 Calories; 4g Fat (32.8% calories from fat); 6g Protein; 11g Carbohydrate; 3g Dietary Fiber; 8mg Cholesterol; 206mg Sodium. Exchanges: 1/2 Lean Meat; 2 Vegetable; 0 Fat.