

Brandy Alexander Pie

Mrs. Charles D. Baldrige Jr

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

Servings: 8

1 envelope unflavored gelatin
1/2 cup cold water, divided
2/3 cup sugar
1/8 teaspoon salt
3 eggs, separated
1/4 cup cognac
1/4 cup creme de cocoa
2 cups heavy cream, whipped
1 nine-inch graham cracker crust

In a saucepan, sprinkle the gelatin over the cold water. Add 1/3 cup of sugar, salt and the egg yolks. Stir to blend. Place the saucepan over low heat; keep stirring while the gelatin dissolves and the mixture thickens. Do not boil.

Remove from the heat. Stir in the cognac and creme de cocoa. Chill until the mixture starts to mound slightly.

In a bowl, beat the egg whites until they are stiff. Gradually beat in the remaining sugar. Fold into the filling mixture. Fold in one cup of whipped cream. Pour the filling into the crust. Chill for several hours.

Garnish with the remaining cup of whipped cream, sweetened with 1/4 cup of sugar and topped with bitter chocolate shaved into curls.

Per Serving (excluding unknown items): 353 Calories; 24g Fat (62.4% calories from fat); 4g Protein; 28g Carbohydrate; 0g Dietary Fiber; 161mg Cholesterol; 108mg Sodium. Exchanges: 1/2 Lean Meat; 0 Non-Fat Milk; 4 1/2 Fat; 1 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	353	Vitamin B6 (mg):	trace
% Calories from Fat:	62.4%	Vitamin B12 (mcg):	.3mcg
% Calories from Carbohydrates:	32.4%	Thiamin B1 (mg):	trace
% Calories from Protein:	5.1%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	24g	Folacin (mcg):	12mcg
			trace

Saturated Fat (g): 14g
Monounsaturated Fat (g): 7g
Polyunsaturated Fat (g): 1g
Cholesterol (mg): 161mg
Carbohydrate (g): 28g
Dietary Fiber (g): 0g
Protein (g): 4g
Sodium (mg): 108mg
Potassium (mg): 71mg
Calcium (mg): 49mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): trace
Vitamin A (i.u.): 966IU
Vitamin A (r.e.): 276 1/2RE

Niacin (mg):
Caffeine (mg): 0mg
Alcohol (kcal): 16
% Refuse: 0 0%

Food Exchanges

Grain (Starch): 0
Lean Meat: 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 4 1/2
Other Carbohydrates: 1 1/2

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 353 **Calories from Fat:** 221

% Daily Values*

Total Fat	24g	37%
Saturated Fat	14g	71%
Cholesterol	161mg	54%
Sodium	108mg	5%
Total Carbohydrates	28g	9%
Dietary Fiber	0g	0%
Protein	4g	
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Vitamin A		19%
Vitamin C		1%
Calcium		5%
Iron		2%

* Percent Daily Values are based on a 2000 calorie diet.