

Dessert

Black Forest Sundaes

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Servings: 8

Start to Finish Time: 10 hours

1 package (12 ounce) chocolate chips
1 can (14 ounce) sweetened condensed milk
4 tablespoons unsalted butter
1 teaspoon vanilla extract
1 quart chocolate ice cream
1 can (15 ounce) pitted cherries, drained
whipped cream

In a saucepan over medium-low heat, combine the chocolate chips, condensed milk and butter. Stir constantly until completely melted. Remove from the heat and stir in the vanilla. Set aside.

Scoop ice cream into individual sundae bowls.

Top with the cherries, chocolate sauce and a dollop of whipped cream

Serve immediately.

Per Serving (excluding unknown items): 451 Calories; 25g Fat (46.4% calories from fat); 7g Protein; 57g Carbohydrate; 2g Dietary Fiber; 51mg Cholesterol; 103mg Sodium. Exchanges: 5 Fat; 4 Other Carbohydrates.