

Side Dishes

Betty Crocker Corn Muffins

Servings: 6

- 1 egg**
- 1 1/2 cups Original Bisquick**
- 1/4 cup yellow cornmeal**
- 1/3 cup sugar**
- 2/3 cup milk**
- 2 tablespoons margarine or butter, melted**

Heat oven to 400 degrees. Grease bottoms only of 12 medium muffin cups, 2 1/2 x 1 1/4 inches, or line with paper baking cups.

Beat egg slightly, stir in remaining ingredients just until moistened.

Fill muffin cups 3/4 full.

Bake 15-20 minutes or until golden brown.

Per Serving (excluding unknown items): 122 Calories; 6g Fat (41.1% calories from fat); 2g Protein; 16g Carbohydrate; trace Dietary Fiber; 49mg Cholesterol; 64mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 0 Non-Fat Milk; 1 Fat; 1/2 Other Carbohydrates.