

Bacon-Wrapped, Sausage Stuffed Jalapeno Poppers

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1 package (8 ounce) cream cheese, room temperature
1 cup cheddar cheese
1 teaspoon garlic salt
2 tablespoons Mexican salsa
12 jalapeno peppers halved and seeded
24 mini sausages
12 slices bacon, cut in half

Preheat the oven to 375 degrees.

In a small bowl, mix together the cream cheese, cheddar cheese, garlic salt and salsa. Set aside.

Fill the bottom half of a jalapeno with some of the cream cheese mixture. Then press a sausage into the cheese.

Wrap a bacon slice around the pepper half tightly and secure with a toothpick.

Bake for about 40 minutes until the jalapeno is cooked and the bacon is crispy.

Allow to cool for at least 10 minutes before serving.

Per Serving (excluding unknown items): 1708 Calories; 156g Fat (81.8% calories from fat); 69g Protein; 9g Carbohydrate; 1g Dietary Fiber; 438mg Cholesterol; 4651mg Sodium. Exchanges: 9 1/2 Lean Meat; 25 Fat; 0 Other Carbohydrates.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	1708	Vitamin B6 (mg):	.3mg
% Calories from Fat:	81.8%	Vitamin B12 (mcg):	3.2mcg
% Calories from Carbohydrates:	2.1%	Thiamin B1 (mg):	.5mg
% Calories from Protein:	16.1%	Riboflavin B2 (mg):	1.0mg
Total Fat (g):	156g	Folacin (mcg):	55mcg

Saturated Fat (g): 88g
Monounsaturated Fat (g): 51g
Polyunsaturated Fat (g): 8g
Cholesterol (mg): 438mg
Carbohydrate (g): 9g
Dietary Fiber (g): 1g
Protein (g): 69g
Sodium (mg): 4651mg
Potassium (mg): 758mg
Calcium (mg): 1012mg
Iron (mg): 5mg
Zinc (mg): 7mg
Vitamin C (mg): 25mg
Vitamin A (i.u.): 4512IU
Vitamin A (r.e.): 1358RE

Niacin (mg): 6mg
Caffeine (mg): 0mg
Alcohol (kcal): 0
% Refused: 0 0%

Food Exchanges

Grain (Starch): 0
Lean Meat: 9 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 25
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 1708 **Calories from Fat:** 1398

% Daily Values*

Total Fat 156g	240%
Saturated Fat 88g	440%
Cholesterol 438mg	146%
Sodium 4651mg	194%
Total Carbohydrates 9g	3%
Dietary Fiber 1g	4%
Protein 69g	
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Vitamin A	90%
Vitamin C	42%
Calcium	101%
Iron	26%

* Percent Daily Values are based on a 2000 calorie diet.