

# Bacon Cheese Balls

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8 ounces cream cheese, softened  
 1 cup Cheddar cheese, softened  
 8 slices cooked bacon, chopped  
 1 tablespoon Dijon mustard  
 zest of 1/2 lemon  
 juice of 1/2 lemon  
 chopped chives (for garnish)  
 chopped bacon (for garnish)

In a bowl, mix the cream cheese, cheddar cheese, bacon, mustard, lemon zest and lemon juice.

Form the mixture into balls. Chill in refrigerator.

Roll in chopped chives and bacon.

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Per Serving (excluding unknown items): 1551 Calories; 142g Fat (82.0% calories from fat); 61g Protein; 9g Carbohydrate; trace Dietary Fiber; 411mg Cholesterol; 2370mg Sodium. Exchanges: 8 1/2 Lean Meat; 23 Fat; 0 Other Carbohydrates.

## Appetizers

### Per Serving Nutritional Analysis

<b>Calories (kcal):</b>	1551	<b>Vitamin B6 (mg):</b>	.3mg
<b>% Calories from Fat:</b>	82.0%	<b>Vitamin B12 (mcg):</b>	2.8mcg
<b>% Calories from Carbohydrates:</b>	2.2%	<b>Thiamin B1 (mg):</b>	.4mg
<b>% Calories from Protein:</b>	15.7%	<b>Riboflavin B2 (mg):</b>	.9mg
<b>Total Fat (g):</b>	142g	<b>Folacin (mcg):</b>	54mcg
<b>Saturated Fat (g):</b>	83g	<b>Niacin (mg):</b>	4mg
<b>Monounsaturated Fat (g):</b>	45g	<b>Caffeine (mg):</b>	0mg
<b>Polyunsaturated Fat (g):</b>	7g	<b>Alcohol (kcal):</b>	0
<b>Cholesterol (mg):</b>	411mg	<b>% Refused:</b>	0.0%
<b>Carbohydrate (g):</b>	9g		
<b>Dietary Fiber (g):</b>	trace	<b>Food Exchanges</b>	
<b>Protein (g):</b>	61g	<b>Grain (Starch):</b>	0
<b>Sodium (mg):</b>	2370mg	<b>Lean Meat:</b>	8 1/2
<b>Potassium (mg):</b>	648mg	<b>Vegetable:</b>	0
<b>Calcium (mg):</b>	1018mg	<b>Fruit:</b>	0
<b>Iron (mg):</b>	5mg	<b>Non-Fat Milk:</b>	0
<b>Zinc (mg):</b>	7mg	<b>Fat:</b>	23
		<b>Other Carbohydrates:</b>	0

Vitamin C (mg): 17mg  
Vitamin A (i.u.): 4437IU  
Vitamin A (r.e.): 1336RE

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## Nutrition Facts

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### Amount Per Serving

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Calories 1551                      Calories from Fat: 1272

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### % Daily Values\*

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<b>Total Fat</b>	142g	219%
Saturated Fat	83g	413%
<b>Cholesterol</b>	411mg	137%
<b>Sodium</b>	2370mg	99%
<b>Total Carbohydrates</b>	9g	3%
Dietary Fiber	trace	2%
<b>Protein</b>	61g	
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<b>Vitamin A</b>		89%
<b>Vitamin C</b>		28%
<b>Calcium</b>		102%
<b>Iron</b>		25%

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\* Percent Daily Values are based on a 2000 calorie diet.