

# BBQ Bacon Wrapped Meatballs

## Yield: 36 appetizers

1 bag (26 ounce) frozen Italian style meatballs  
12 bacon strips  
1 bottle honey barbecue sauce  
36 toothpicks

Preheat the oven to 400 degrees.

Thaw 36 meatballs in the microwave for 2 minutes.

Cut the bacon into thirds to obtain approximately 3-1/2-inch pieces (refrigerate the bacon until ready to use).

Line an 11x17-inch baking sheet with parchment paper.

Wrap each meatball with one bacon piece and secure with a toothpick. Place the wrapped meatballs on the parchment paper in a single layer.

Heat the meatballs in the oven for 30 minutes or until the bacon is cooked.

Take the pan out of the oven and brush the meatballs with the honey BBQ sauce. Return the meatballs to the oven for an additional 5 minutes to caramelize the BBQ sauce.

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Per Serving (excluding unknown items): 438 Calories; 37g Fat (78.2% calories from fat); 23g Protein; trace Carbohydrate; 0g Dietary Fiber; 65mg Cholesterol; 1212mg Sodium. Exchanges: 3 Lean Meat; 5 1/2 Fat.

Appetizers

## Per Serving Nutritional Analysis

Calories (kcal):	438	Vitamin B6 (mg):	.1mg
% Calories from Fat:	78.2%	Vitamin B12 (mcg):	1.3mcg

