

Apple Sparkler

Better Homes and Gardens

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Servings: 5

1 tablespoon red or green colored sugar (optional)
10 orange wedges or chunks, unpeeled
5 lime wedges or chunks, unpeeled
5 (six-inch) wooden skewers
2/3 cup raspberry juice blend
1 bottle (750 ml) sparkling apple cider or sparkling pear-apple juice, chilled

Sprinkle the colored sugar on a piece of waxed paper. Moisten the rims of five wine glasses, one at a time, with a little water. Dip each rim in sugar and set aside for 5 to 10 minutes to dry.

For the fruit garnish: Place two orange wedges and one lime wedge onto each skewer. Set aside.

Divide the raspberry juice blend among the prepared wine glasses. Being careful not to disturb the sugar on the rim, gently pour sparkling cider into each glass. Place a citrus skewer in each glass.

Start to Finish Time: 15 minutes

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	0	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	0.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	0.0%

Carbohydrate (g): 0g
 Dietary Fiber (g): 0g
 Protein (g): 0g
 Sodium (mg): 0mg
 Potassium (mg): 0mg
 Calcium (mg): 0mg
 Iron (mg): 0mg
 Zinc (mg): 0mg
 Vitamin C (mg): 0mg
 Vitamin A (i.u.): 0IU
 Vitamin A (r.e.): 0RE

Food Exchanges

Grain (Starch): 0
 Lean Meat: 0
 Vegetable: 0
 Fruit: 0
 Non-Fat Milk: 0
 Fat: 0
 Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 5

Amount Per Serving

Calories 0 Calories from Fat: 0

% Daily Values*

Total Fat	0g		0%
	Saturated Fat	0g	0%
Cholesterol	0mg		0%
Sodium	0mg		0%
Total Carbohydrates	0g		0%
	Dietary Fiber	0g	0%
Protein	0g		

Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			0%

* Percent Daily Values are based on a 2000 calorie diet.