

Amaretto Icebox Cake

Nicki Cowan

Beyond The Village Gate 1985 - Parmadale Community - Parma, Ohio

Servings: 10

2 cups heavy cream

6 tablespoons unsweetened cocoa powder

6 tablespoons sugar

2 tablespoons Amaretto liqueur
pinch salt

32 chocolate wafers

In a bowl, combine the cream, cocoa, sugar, Amaretto and salt. Refrigerate for two hours.

Beat the chilled mixture until soft peaks form.

Sandwich the chocolate wafers with one tablespoon of the cream mixture. Make stacks of six wafers each. Arrange one stack of wafers on its side on a serving plate. Spread the end wafer with cream mixture and press another stack of wafers to it. When all of the wafers have been used, frost the entire roll with cream mixture.

Refrigerate for four hours or overnight.

To serve: cut diagonally.

Per Serving (excluding unknown items): 201 Calories; 18g Fat (76.9% calories from fat); 2g Protein; 11g Carbohydrate; 1g Dietary Fiber; 65mg Cholesterol; 19mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Non-Fat Milk; 3 1/2 Fat; 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	201	Vitamin B6 (mg):	trace
% Calories from Fat:	76.9%	Vitamin B12 (mcg):	.1mcg
% Calories from Carbohydrates:	20.0%	Thiamin B1 (mg):	trace
% Calories from Protein:	3.0%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	18g	Folacin (mcg):	3mcg
Saturated Fat (g):	11g	Niacin (mg):	trace
Monounsaturated Fat (g):	5g	Caffeine (mg):	7mg

Polyunsaturated Fat (g): 1g
Cholesterol (mg): 65mg
Carbohydrate (g): 11g
Dietary Fiber (g): 1g
Protein (g): 2g
Sodium (mg): 19mg
Potassium (mg): 85mg
Calcium (mg): 35mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): trace
Vitamin A (i.u.): 700IU
Vitamin A (r.e.): 200 1/2RE

Alcohol (kcal): 0
% Refuse: 0 0%

Food Exchanges

Grain (Starch): 0
Lean Meat: 0
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 3 1/2
Other Carbohydrates: 1/2

Nutrition Facts

Servings per Recipe: 10

Amount Per Serving

Calories 201 **Calories from Fat:** 154

% Daily Values*

Total Fat 18g		28%
Saturated Fat 11g		56%
Cholesterol 65mg		22%
Sodium 19mg		1%
Total Carbohydrates 11g		4%
Dietary Fiber 1g		4%
Protein 2g		
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Vitamin A		14%
Vitamin C		0%
Calcium		3%
Iron		3%

* Percent Daily Values are based on a 2000 calorie diet.